

Equibility Project

Increasing opportunities for People with Disabilities through participation in Equestrian sport

Logos for Equine Australia, Australian Government Department of Health, and EquiAbility are visible at the top.

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The Challenge:

To increase the opportunities for People with Disabilities to participate in Equestrian Sport

Photo of four riders in equestrian attire.

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Profile of people with disabilities .

- 4 in 10: Number of Australians Over 18 who report having a disability or long-term health condition
- 18,527: Current estimated EA membership
- 140: Estimated number of EA Para classified riders

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Challenge 1:

How can we increase the number of riders with disabilities participating in Equestrian NSW activities?


Photo of three riders in equestrian attire.

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Challenge: 2

How can we support clubs, coaches and officials so they feel confident they can provide a safe environment & that they have the skills to help Riders with Disabilities participate in ENSW activities?




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Challenge: 3

Not all Riders with Disabilities meet the Para Equestrian classification requirements, how can we include these riders in ENSW activities?




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Challenge: 4

How can we provide awareness of the health and well being benefits of interacting with horses & explain the opportunities available for participation in equestrian sport to disability service providers and the wider community?



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How will this project provide solutions?

- Provide training for riders, coaches, clubs, officials
- Trial a new category of participation
- Link riders with coaches and clubs
- Inform the community about opportunities to participate



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Solution 1 

Provide training for riders, coaches, officials, clubs so everyone has *Equibility* for participation

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Solution 2 

Create the *Equibility* category that provides more opportunities for Riders with Disabilities to participate

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Solution 3 

Link riders with Coaches and Clubs to provide more opportunities to ride

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Solution 4 

Ensure information is available to help everyone have the Equibility to participate in Equestrian sport

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Project timelines



Step 1
Oct 2020 - Feb 2021, prepare training resources & develop Equibility framework. Collect EOI from potential participants & establish stakeholder data.

Step 2
March 2021 - December 2022 deliver workshops for riders, coaches, clubs & officials. Evaluate project activities.

Step 3
March 2021 - December 2022 deliver workshops for riders, coaches, clubs & officials

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Who is the project for?

Participant Group 1
People with Disabilities who want to participate in club activities and/or competition in either restricted or open events who can independently control a horse around a dressage arena.

Participant Group 2
Coaches and officials who want to include assisting Rwd in their skills

Participant Group 3
Club & event organisers who want to include Rwd in their activities



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Project BENEFITS AUSTRALIA



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<p>Benefit 1</p> <p>Address the clear unmet demand for Rwd who want to participate but don't meet Para classification requirements</p>	<p>Benefit 2</p> <p>Some clubs are already offering these opportunities informally, this project can allow trials of a new national category of participation</p>
<p>Benefit 3</p> <p>Allows EA /ENSW to join other Australian sports that comply with the UN Convention on the rights of People with Disabilities</p>	<p>Benefit 4</p> <p>Participation in sport has been shown to have wide physical and mental health benefits for everyone, this project will help PwD to enjoy the same opportunities</p>

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PROJECT RESOURCES

Rider
 Competition preparation
 Physical & mental fitness preparation
 NDIS application to include equestrian sport preparation
 Advice for carers & partners

Coach
 Coaching Rwd training and accreditation
 Rider assessment training

Club
 How to manuals & checklists

Official
 Training and accreditation for Rwd activities
 Rider assessment & classification training

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Meet

THE PROJECT TEAM

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<p><i>Bruce Fomer</i> CEO ENSW</p> 	<p><i>Sue Cunningham</i> FEI Para Official, DNSW Vice Chair, Coach</p> 	<p><i>Debbie Eisenhower-Redney</i> Disability Services Advocate, Chair Sydney Dressage, Coach</p> 
<p><i>Natalie Smith</i> Para Olympian Dual Para sport Athlete</p> 	<p><i>Annelia Cunic</i> Chair Northside Riding Club</p> 	<p><i>Jenny Correll</i> Project Officer</p> 

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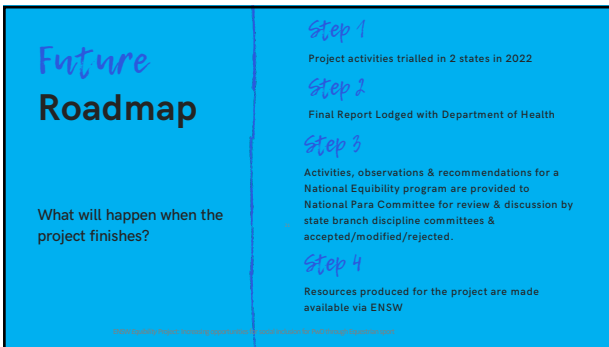
Consultative Group



- Para equestrian riders
- National & State EA
- Disability Service Providers
- Other equestrian sport providers
- Carers, partners and supporters
- Rehabilitation & Occupational Therapists
- Coaching specialists
- RDA

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Future Roadmap

What will happen when the project finishes?

Step 1
Project activities trialled in 2 states in 2022

Step 2
Final Report Lodged with Department of Health

Step 3
Activities, observations & recommendations for a National Equibility program are provided to National Para Committee for review & discussion by state branch discipline committees & accepted/modified/rejected.

Step 4
Resources produced for the project are made available via ENSW

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Get In Touch With Us

<https://www.surveymonkey.com/r/ENSWsocialinclusionprojectEOI>

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