



*Dressage NSW invites you to an evening Workshop of festive "New Rules", festive "New Tests" and a wonderful "festive speaker", Rebecca Ashton.*

*It's our last workshop for the year and one not to be missed!*

*It will be of particular interest to riders as we will have an additional Rider Mark in the Collectives in the new tests.*

*Our new tests are due to start on January 1, 2019.*

*Our new Rules and Rule reviews are also due for January 1, 2019*

*Saturday November 17th, 2019 @ The Directors Dining Room,  
Hawkesbury Race Course*

6.45	Registration and Christmas nibbles
7.00pm – 7.30	New Rules
7.30pm – 8.15	Guest Speaker
8.15 – 8.30	Supper
8.30 – 9.30	New tests discussion

**THE EVENING IS FREE and ALL ARE WELCOME!**

"Rebecca is a BHS trained, EA accredited (Level 1 dressage specialist) coach and a fully qualified pilates instructor and Oov practitioner. As well as having trained and competed horses up to FEI level, she has helped everyone from beginners to Olympians with their body awareness and fitness to help them improve their performance in the saddle. With her dressage, Rebecca has trained in Europe on several occasions and is still a regular visitor. She also continues to train movement practice with the best in the industry, including Adelinde Cornelissen and her fitness coach in Holland.

Website for more info: [www.equestelite.com](http://www.equestelite.com)

**RSVP for catering purposes by November 10<sup>th</sup> 2018 [suziecunningham99@gmail.com](mailto:suziecunningham99@gmail.com)**